



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WEBINAR/CONFERENCE CALL EXPLANATION & SCHEDULE 2016 YMCA BLUE RIDGE LEADERS' SCHOOL

***All Club Advisors are required to participate in an Advisor Orientation Webinar prior to the School.***

Webinars will cover participant requirements, fitness training, School expectations. Steve Tarver, School Director, will facilitate. Participation will require a telephone (land line strongly recommended) and a computer.

The webinars will be in 3 formats:

1. **First or second year Advisors** (as an Advisor; regardless of total number of years at the School).
2. Three or more years as an Advisor
3. **Fitness Training** – will focus on core principles of training and begin to build a knowledge base for effective fitness training and, in particular, to enhance the success of Leaders in taking the fitness test at Blue Ridge Leaders' School. **Leaders Club members are invited and encouraged to participate in this webinar with their Advisor.**

Below are the dates of the Blue Ridge Leaders School webinars. ALL TIMES ARE EASTERN.

RSVP to Cindy Nordhoff at [cnordhoff@ymcalouisville.org](mailto:cnordhoff@ymcalouisville.org) with your name, YMCA, and webinar date. We will provide log-in/call-in information and instructions upon receipt of your RSVP. The webinar should last 60 – 70 minutes depending on questions/answers.

1. Thursday, February 25; 3:00 pm - **3<sup>rd</sup> year + Advisor Webinar**
2. Tuesday, March 1; 10:30 am - **3<sup>rd</sup> year + Advisor Webinar**
3. Tuesday, March 1; 6:30 pm- **1<sup>st</sup> & 2<sup>nd</sup> year Advisor Webinar**
4. Wednesday, March 2; 6:30 pm- **Fitness Training Webinar**
5. Wednesday, March 9; 6:30 pm- **1<sup>st</sup> & 2<sup>nd</sup> year Advisor Webinar**
6. Thursday, March 10; 6:30 pm- **Fitness Training Webinar**
7. Tuesday, March 15; 6:30 pm- **Fitness Training Webinar**
8. Thursday, March 17; 6:30 pm- **1<sup>st</sup> & 2<sup>nd</sup> year Advisor Webinar**
9. Tuesday, March 22; 3:00 pm- **Fitness Training Webinar**
10. Wednesday, March 23; 6:30 pm- **Fitness Training Webinar**
11. Tuesday, March 29; 3:00 pm- **Fitness Training Webinar**